**Prize Draw Rules**

Below are the rules that apply to all the prize draws that appear on YogaWellbeing; AppTherapy and Facebook sites.

* Applicants for the prize draw will be eligible once a completed survey is received.
* For entry to the prize draw to be valid, Applicants must inform submit their completed survey by midnight on 31/12/2020
* YogaWellbeing, AppTherapy reserve the right to withdraw applicants from the prize draw at the discretion of the Company
* YogaWellbeing, AppTherapy is a UK site and unless otherwise stated all prize draws are open to UK residents aged 18 or over.
* Our prize draws may be promoted over several different websites simultaneously.
* This prize draw allows multiple entries, one on YogaWellbeing; AppTherapy Facebook site or AppTherapy page. Only one entry per person per prize draw can be accepted in any one calendar month unless otherwise stated.
* Persons connected with AppTherapy or any of the prize draw sponsors are ineligible.
* Winners will be selected at random except where stated in the individual prize draw special terms and conditions.
* Brief details of winner will be included on the YogaWellbeing, AppTherapy and Facebook sites following receipt of confirmation. Winners of prizes will be required to provide details of an email address and telephone no. This address will not be publicly available.
* Winners may be required to take part in further promotional activities.
* The winner will be announced on 01/01/2021 and the winner will be informed via email or telephone. If you are a winner, simply follow the instructions on the email as soon as possible so your prize will be made available to you.
* Prizes must be claimed within 60 days of each draw. Unclaimed prizes will be void.
* All prizes are subject to availability should any prize be unavailable, a prize of similar price or specification will be substituted. There will be no cash equivalent offered.
* YogaWellbeing, AppTherapy practices are in accordance with the Data Protection Act
* By submitting information each visitor to YogaWellbeing, AppTherapy agrees to receive offers as stated.

**Promoter** - unless otherwise stated the promoter of prize draws on YogaWellbeing is Sara Jobling Consultancy Limited, Norwood Court, Eighton Banks, Gateshead NE9 7XF